



**Week 1 – “See Jonah Run”**

**September 26, 2021**

Jonah 1:1-5

1 The word of the LORD came to Jonah son of Amittai: 2 "Go to the great city of Nineveh and preach against it, because its wickedness has come up before Me." 3 But Jonah ran away from the LORD and headed for Tarshish. He went down to Joppa, where he found a ship bound for that port. After paying the fare, he went aboard and sailed for Tarshish to flee from the LORD. 4 Then the LORD sent a great wind on the sea, and such a violent storm arose that the ship threatened to break up. 5 All the sailors were afraid and each cried out to his own god. And they threw the cargo into the sea to lighten the ship. But Jonah had gone below deck, where he lay down and fell into a deep sleep.

### **THE “DOWN-WARD” SPIRAL OF DISOBEDIENCE**

1. Jonah “fled from the Lord” — He wasn’t simply running from what he knew to be \_\_\_\_\_; he was running from \_\_\_\_\_.

**INTERESTING FACT:** TARSHISH WAS THOUGHT TO BE IN SPAIN, THE FURTHEST POINT OF THE KNOWN WORLD AT THAT TIME. JONAH WAS TAKING DESPERATE MEASURES, TRYING TO GET AS FAR AWAY FROM THE LORD AS HE POSSIBLY COULD.

2. Jonah “went down” — Jonah experienced a downward \_\_\_\_\_ in his life.

3. Jonah “found a ship” — The devil will provide us with both the \_\_\_\_\_ and the \_\_\_\_\_ to go our own way.

4. Jonah “paid the fare” — But there were \_\_\_\_\_.

### **Personal Application:**

- In what area(s) am I “running from the Lord?”
  - Am I holding bitterness, refusing to forgive?
  - Am I continuing in a sinful pattern?
  - Am I avoiding going to a person making it “right?”
  - Am I reluctant to do what I know God wants me to do?
  
- Am I discovering pain, loss, and discontent as a result of running from the Lord? Is my disobedience hurting others as well as myself?
  
- Am I willing to come clean, confess my sin, and do the right thing?
  
- Am I willing to accept God’s forgiveness, cleansing, and restoration in my life? Do I really believe God is a God of grace?